

Prakash Shikshan Mandal's

PRAKASH INSTITUTE OF MEDICAL SCIENCES & RESEARCH, URUN-ISLAMPUR



Islampur- Sangli Road, Islampur. Tal- Walwa, Dist- Sangli (Maharashtra) 415409.
 Phone – (02342) 662301 To 662309 Fax- 662300. E-mail psm.pims@gmail.com

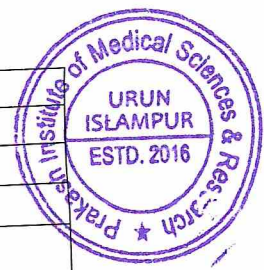
1.3: Value added course list during the last five years

Year	Year	Name of course	
2023	MBBS 1 st year	Gender sensitization	
		Health communication	
		Spoken English	
	MBBS 2 nd year	Human values	
		Personality development	
		Bio ethics	
	MBBS 3 rd year part 1	Computer skills	
		Public health services implications	
		Scientific writing skills	
		MBBS 3 rd year part 2	Health behavior
			Leadership skills
		Medico legal aspects in health care	

Year	Year	Name of course
2022	MBBS 1 st year	Gender equality
		Professional communication skills
		Learning English
	MBBS 2 nd year	Human rights & values
		Personality traits & development
		Bio ethics in healthcare
	MBBS 3 rd year part 1	Basics in Computer
		Public health
		Scientific writing for healthcare professionals
	MBBS 3 rd year part 2	Positive Health behavior
		Leadership skills for healthcare professionals
		Medico legal issues

Year	Year	Name of course
2021	MBBS 1 st year	Gender sensitization
		Health communication
		Spoken English
	MBBS 2 nd year	Human values
		Personality development
		Bio ethics
	MBBS 3 rd year part 1	Computer skills
		Public health services

		implications
		Scientific writing skills
	MBBS 3 rd year part 2	Health behavior
		Leadership skills
		Medico legal aspects in health care



Year	Year	Name of course
2019	MBBS 1 st year	Gender sensitization
		Health communication
		Spoken English
	MBBS 2 nd year	Human values
		Personality development
	MBBS 3 rd year part 1	Bio ethics
		Computer skills
		Public health services implications
		Scientific writing skills
	MBBS 3 rd year part 2	Health behavior
		Leadership skills
		Medico legal aspects in health care

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NOTICE FOR VALUE ADDED COURSES

All Phase 1 (1st year) students are hereby informed that, **VALUE ADDED COURSES –**

GENDER EQUALITY, PROFESSIONAL COMMUNICATION SKILLS, LEARNING

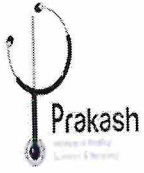
ENGLISH FOR 2022-23 YEAR, are arranged by Prakash Institute of Medical Sciences &

Research, Islampur. Details of these **VALUE ADDED COURSES** are hereby attached.

All Phase 1 (1st year) students are encouraged to enroll for all **VALUE ADDED COURSES**.



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NOTICE FOR VALUE ADDED COURSES

All Phase 2 (2nd year) students are hereby informed that, **VALUE ADDED COURSES –**

HUMAN RIGHTS & VALUES, PERSONALITY TRAITS & DEVELOPMENT FOR

2022-23 YEAR, are arranged by Prakash Institute of Medical Sciences & Research,

Islampur. Details of these **VALUE ADDED COURSES** are hereby attached.

All Phase 2 (2nd year) students are encouraged to enroll for all **VALUE ADDED COURSES**.



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NOTICE FOR VALUE ADDED COURSES

All Phase 3 part 1 (3rd year) students are hereby informed that, **VALUE ADDED COURSES**
– **BIO ETHICS IN HEALTHCARE, BASICS IN COMPUTER, PUBLIC HEALTH,**
SCIENTIFIC WRITING FOR HEALTHCARE PROFESSIONALS FOR 2022-23
YEAR, are arranged by Prakash Institute of Medical Sciences & Research, Islampur. Details
of these **VALUE ADDED COURSES** are hereby attached.

All Phase 3 part 1 (3rd year) students are encouraged to enroll for all **VALUE ADDED**
COURSES.



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NOTICE FOR VALUE ADDED COURSES

All Phase 3 part 2 (Final year) students are hereby informed that, **VALUE ADDED COURSES – POSITIVE HEALTH BEHAVIOUR, LEADERSHIP SKILLS FOR HEALTHCARE PROFESSIONALS, MEDICO LEGAL ISSUES FOR 2022-23 YEAR**, are arranged by Prakash Institute of Medical Sciences & Research, Islampur. Details of these **VALUE ADDED COURSES** are hereby attached.

All Phase 3 part 2 (Final year) students are encouraged to enroll for all **VALUE ADDED COURSES**.



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Value Added Course in

Gender Equality



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VALUE ADDED COURSE: COURSE ON GENDER EQUALITY

Duration : 16 hrs

1. Introduction
2. Gender Vs. Sex
3. Social construction of Gender
4. Gender roles
5. Gender stereotypes
6. Division of Labour
7. Women empowerment
8. Sexual harassment
9. Domestic violence
10. Self defense for women
11. Laws related to women
12. Involvement of women in decision making
13. Challenges in gender equality
14. Women education
15. Women employability
16. Gender equity activities



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Value Added Course in

Learning English



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DESCRIPTION:

The course is designed to enable students to enhance ability to speak and write the language (and use English) required for effective communication in their professional work. Students will practice their skills in verbal and written English during clinical and classroom experience.

Eligibility: UG medical students

Duration: 16 hours

Intake capacity: 30

Course Objectives

1. To improve the speaking ability of the students.
2. To enable the students to make use of Basic English sentence patterns and improve their understanding of the parts of speech.
3. To improve the student's clarity of pronunciation.
4. To enhance the conversational skills of the students.
5. To enhance the proficiency of students in Learning English so that they can bravely face the challenges of the highly competitive globalized world.
6. To enable the students to meet the requirements of jobs and careers in international market.

Course Outcomes:

1. The fear of students about Learning English will be reduced through "learning by doing" technique.
2. The students will be able to make use of English sentence patterns and their understanding of the parts of speech will be enhanced.
3. The students will be able to speak correct and fluent English.
4. The students will be able to meet the requirements of jobs and careers in international market.

Course Content

Section I: Building -up the Basic Concepts (5 hrs):

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This refers to the range, accurate and appropriate use of the test takers' grammatical resources. The key indicators of grammatical range are the accuracy of the Learning sentences, the appropriate use of parts of speech, tenses, modals voice, narration and subject-verb agreement. The examiner can also ask questions based on picture composition.

1. Basic Sentence Patterns
2. Usage and Practice of Parts of Speech : Noun , Verb ,Adjective and Adverb
3. Usage and Practice of Grammar : Tenses, Modals, Voice and Narration
4. Subject –Verb Agreement
5. Picture Composition

Section II: Conversational Skills (5 hrs):

This refers to the ability to talk with normal levels of continuity, rate and effort. The examiner can ask the students to introduce themselves, and can ask questions based on situations, and the students can also be asked for role play.

1. Basics of Conversation (self introduction, seeking the introduction of others, greetings, expressing likes and dislikes, etc).
2. Situational Conversation (At a shopping mall, Hospital, Bank, Railway station, etc)
3. Role play(enactment of characters from any story, drama ,etc)

Section III: GDPI (Group Discussion and Personal Interview) (6 hrs):

This criterion refers to the ability to produce comprehensible sentences with correct pronunciation. The students can be asked to participate in group discussion. The examinee can also give a topic and ask the students to deliver an extempore speech.

1. Basics of Correct Pronunciation
2. Group Discussion
3. Extempore Speech on a given topic

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Value Added Course in
**Professional
Communication
Skills**



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Professional Communication Skills

1. Name of the course: Professional communication skills

2. Aim: This course aims to introduce the basic principles of communication and provide an understanding of effects of communication in promoting various health goals

Objectives:

- Explain the role of health education in healthcare.
- Articulate and clearly understand health communication models and strategies
- Establish effective communication with people in diverse health fields.

3. Course contents:

Topics

1. Introduction to communication: Definition, principles of communication, communication skills
2. Communication process
3. Types of communication and barriers in communication
4. Application of communication in health education.
5. Models of communication process.
6. Media of communication.
7. Behavior change communication.
8. IEC Strategy

4. Duration of the course- 16 hrs

5. Eligibility Criteria : UG students

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6. Method of assessment –multiple choice questions

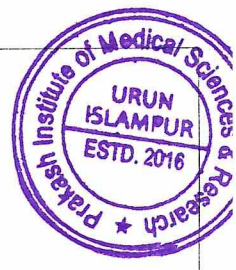
7. List reference books

1. Health behavior and health education: theory, research, and practice by Karen Glanz, Barbara K. Rimer, and K. Viswanath.
2. Theoretical Foundations of Health Education and Health Promotion by Manoj Sharma and John A. Romas.
3. Textbook of Preventive and Social Medicine by Mahajan & Gupta
4. Textbook of Community Medicine by Dr Sunder Lal, Dr Adarsh and Dr Pankaj
5. Promoting Health: A Practical Guide To Health Education by Ewles L and Simmet I
6. K. Park, Park's Textbook of preventive and social medicine

COURSE OUTLINE

LEARNING OUTCOMES	CONTENT	TEACHING/ LEARNING ACTIVITIES	ASSESSMENT METHODS
Identify the significance	Communication What is communication? What are communication roles of listeners, speakers, readers and writers as healthcare professionals?	<ul style="list-style-type: none">• Definitions with examples, illustrations and explanations• Identifying competencies/ communicative strategies in LSRW• Reading• excerpts on the above and interpreting them• through tasks	<ul style="list-style-type: none">• Checking

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Describe Concepts and	Introduction to LSRGW <ul style="list-style-type: none">• L- Listening: Different types of listening• S-Speaking: Understanding Consonants, Vowels, Word and Sentence Stress, Intonation• R- Reading: Medical vocabulary,• Gr-Grammar: Understanding tenses, linkers• W- writing simple sentences and short paragraphs - emphasis on correct grammar	<ul style="list-style-type: none">• Exercises on listening to news, announcements, telephone conversations and instructions from others• Information on fundamentals of Speech-C, V, Stress and Intonation with tasks based on these through audio/ video and texts• Reading a medical dictionary/ glossary of medical terms with matching exercises• Information on tenses and basic concepts of correct grammar through fill in the blanks, true/false questions	<ul style="list-style-type: none">• Through
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<p>Demonstrate attentive listening in different hypothetical situations</p>	<p>Attentive Listening</p> <ul style="list-style-type: none">• Focusing on listening in Different situations- announcements, descriptions, narratives, instructions, discussions, demonstrations• Reproducing Verbatim• Listening to academic talks/lectures• Listening to presentation	<ul style="list-style-type: none">• Listening to announcements, news, documentaries with tasks based on listening• With multi choice, Yes/No and fill in the blank activities	<p>Checking individually against correct answers</p> <ul style="list-style-type: none">• Listening• Listening• Listening to attitudes and opinions• Listening to audio, video and identify key points
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<p>Converse effectively, appropriately and timely within the given context and the individual or team they are communicating with either face toface or other means</p>	<p>Speaking-Effective Conversation</p> <ul style="list-style-type: none"> • Conversation situations- informal, formal and neutral • Factors influencing way of speaking- setting, topic, social relationship, attitude and language • Greetings, Introductions, requesting, asking for and giving permission, speaking personally and casual conversations • Asking for Information, Giving instructions and directions 	<ul style="list-style-type: none"> • Different types of speaking activities <p>Related to the content</p> <ul style="list-style-type: none"> • Guided with prompts <p>And free discussions</p> <ul style="list-style-type: none"> • Presentation techniques • Talking to peers and other adults. • Talking to patientsand Patient attendees • Talking to other healthcare professionals • Class room conversation scenario <p>Based learning tasks</p>	<p>Individual and group/ peer assessment through live speaking tests</p> <ul style="list-style-type: none"> • Presentati on of Situation in emergency and routine • Handoff • Reporting • Case presentati on • Face to face oral communi cation • Speaking nurse/pati ent/docto r) • Telephonic talking
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	<ul style="list-style-type: none">• Agreeing and disagreeing, giving opinions• Describing people, places, events and things, narrating, reporting & reaching conclusions• Evaluating and comparing• Complaints and suggestions• Telephone conversations• Delivering presentations		
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Value Added Course in

Human Rights & Values



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VALUE ADDED COURSE : HUMAN RIGHTS & VALUES

➤ Preamble:

Human rights are the basic rights and freedoms that belong to every person in the world from birth until death. The basic rights are based on shared values like dignity, fairness, equality, respect and independence. The values are the guiding principles, goals and tool of our nation

Objectives:

- To give the knowledge and understanding of Human rights & values.
- To create awareness, conviction and commitment to values to improve the quality of life.

➤ **Duration :** 16 Hours

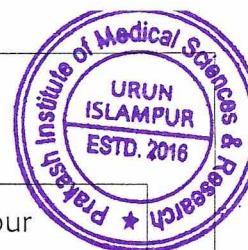
➤ **Intake :** 30

➤ **Eligibility :** UG students

➤ **Course Medium:** English

➤ Syllabus/ Course Content :

Name Of The Topic (Theory / Practical Demonstration)	Teaching hours
Theory	16 Hours
Human rights - Introduction, concept, nature and scope of Human rights. Fundamentals rights and Fundamental duties, Interrelation between rights and duties.	3 Hours
Human rights in India Basic / fundamental human rights 1) Right to equality 2) Right to freedom. 3) Right to freedom of religion. 4) Right against exploitation. 5) Cultural and educational rights. 6) Right to constitutional remedies.	3 Hours
Declaration of human rights and national human rights commission of India and International human rights commission and their roles.	3 Hour
Rights of women and children, the minorities of human right, Human rights of economically disadvantaged society.	4 Hour



Human Values Meaning, Definition, Importance of values, Types of values, Five core human values – Right conduct, Peace, Truth, Love and Non-violence and conservation of values.	3 Hour
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Value Added Course in
**Personality
Traits &
Development**



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VALUE ADDED COURSE: PERSONALITY TRAITS & DEVELOPMENT

PREAMBLE:

A new learning of Personality - Health research through the Five T's, which are potential 'next steps' for personality-health research: Targeting, Tailoring, Training, Treatment and Transformation.

OBJECTIVES:

1. To determine the role of personality in health care use:
2. To acknowledge the outcomes related to personality traits development and health outcomes

DURATION: 16 Hours

INTAKE: 30

ELIGIBILITY: UG Students

MEDIUM OF INSTRUCTION: English

SYLLABUS / COURSE CONTENT:

NAME OF THE TOPIC	TEACHING HOURS
Qualities of health care and community care professionals	2 Hours
Understanding personality and its importance	2 Hours
Character traits helpful for healthcare	2 Hours
Attention to detail	2 Hours
Positive attitude & Servant leadership	1 Hour
A sense of humor & community	1 Hour
Communication skills, Empathetic and emotional stability	1 Hour
Energy: healthy and physically strong	1 Hour
Flexible personality traits assessment skills	1 Hour
Personality traits and career satisfaction of health care	1 Hour



professionals: Peer group assessments	
Potential applications of research linking personality traits and health outcomes	1 Hour
Assessment: MCQ/Viva	1 Hour

REFERENCE BOOKS:

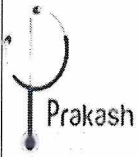
1. Personality Traits: Gerald Mathews, Ian.J.Deary, Martha C.Whiteman.
2. Communication and Personality Trait Perspectives: James C.McCroskey, John A.Daly, Mathew M.Martin, Michael J.Beatty.
3. Handbook of Personality: Third Edition Theory and Research: Oliver P.John, Richard W.Robins, Lawrence A.Pervin.
4. Theories of Personality: A classic in personality theory: Hall and Lindzey

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Value Added Course in

Basics in Computer



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VALUE ADDED COURSE: BASICS IN COMPUTER BASIC



OBJECTIVE:

The course is designed to aim at imparting a basic level programme for the common feature and digital literacy. Benefit of the course the incumbent is able to use the computer for basic purposes of preparing his personnel letters, viewing information on Internet (the web), sending mails, using internet services etc. This allows to be also a part of computer users list by making them digitally literate. This helps to maintain information using the computers and enjoy in the world of Information Technology.

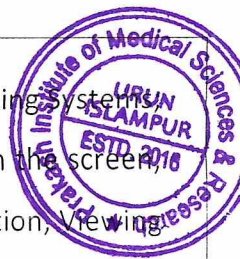
Schedule Of Total Hours For Each Topic

S.No.	Topic Content	Total Hours
1.	Introduction to Computer	1
2.	Windows Operating System GUI	2
3.	Using Microsoft Word Processing	3
4.	Using Microsoft Excel , Spread Sheet	3
5.	Using Microsoft PowerPoint Presentation	2
6.	Introduction to Internet, WWW and web browsers	2
7.	Introduction to E-Mail Communications	1
8.	Information Security and Virus Protection	1
9.	Assessment	1
Total Hours		16

Course Outline:

What is Computer, Basic Applications of Computer; Components of Computer System, Central Processing Unit (CPU), VDU, Keyboard and Mouse, Other input/output Devices, Computer Memory, Concepts of Hardware and Software; Concept of Computing, Data and Information; Applications of ICT; Connecting keyboard, mouse, monitor and printer to CPU and checking power supply.

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Windows Operating System GUI: What is an Operating System; Basics of Popular Operating systems, The User Interface, Using Mouse; Using right Button of the Mouse and Moving Icons on the screen, Use of Common Icons, Status Bar, Using Menu and Menu- selection, Running an Application, Viewing of File, Folders and Directories, Creating and Renaming of files and folders, Opening and closing of different Windows; Using help; Creating Short cuts, Basics of O.S Setup; Common utilities.

Using Microsoft Word Processing: Word Processing Basics; Opening and Closing of documents; Text creation and Manipulation; Formatting of text; Table handling; Spell check, language setting and thesaurus; Printing of word document.

Using Microsoft Excel , Spread Sheet: Basics of Spreadsheet; Manipulation of cells; Formulas and Functions; Editing of Spread Sheet, printing of Spread Sheet.

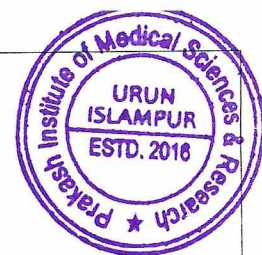
Using Microsoft PowerPoint Presentation: Basics of presentation software; Creating Presentation; Preparation and Presentation of Slides; Slide Show; Taking printouts of presentation / handouts.

Introduction to Internet, WWW and Web Browsers: Basic of Computer networks; LAN, WAN; Concept of Internet; Applications of Internet; connecting to internet; What is ISP; Knowing the Internet; Basics of internet connectivity related troubleshooting, World Wide Web; Web Browsing softwares, Search Engines; Understanding URL; Domain name; IP Address; Using e-governance website

Introduction to E-Mail Communications: Basics of electronic mail; Getting an email account; Sending and receiving emails; Accessing sent emails; Using Emails; Document collaboration; Instant Messaging; Netiquett

Information Security and Virus Protection: Information security is a set of practices intended to keep data secure from unauthorized access or alterations Passwords are an important aspect of computer security Protection of data from viruses, spyware, and other security threats. Keeping data protection to keep your sensitive information safe and secure Antivirus and Backup of data in external Storage and Cd/DVD, Pendrive , Harddisk etc

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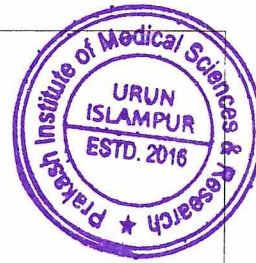
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Value Added Course in

**Bioethics
in
Healthcare**



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VALUE ADDED COURSE: BIOETHICS IN HEALTHCARE

1. Name of the course: **BIOETHICS IN HEALTHCARE**

2. Aim: This course aims at developing skills for making appropriate decisions based on morale, values and facts for highest patient care.

Objectives:

- The program is designed to focus on the acquisition of knowledge and skills applicable to deal with patients. Upon completion of the programme, the student will be:
 - Aware of ethical issues, principles of ethics in patient care.
 - Gain knowledge and skills of communication and empathy.

3. Course contents:

Topics:

- Introduction to Bioethics in patient care
- Essential competencies
 - Interpersonal communication
 - Cognitive skills
 - Work related skills
 - Professionalism
- Principals of Health care ethics
- Code of conduct
- Beginning and end of life:
 - Right to life
 - Assisted reproductive technologies
 - Care of terminally ill
 - Euthanasia
- Ethics consultation

4. Duration of the course: 16 hrs

5. Eligibility Criteria: UG students

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6. Method of assessment:

- MCQ/ Viva

7. List reference books:

1. C.M.Francis, Medicaethics, Jaypee Brothers, Medical Publishers. 1st Edition 1993
2. What Is Medical Ethics, and Why Is It
Important? <https://www.medscape.com/courses/section/898060>
3. Internet Encyclopedia of Philosophy <https://www.iep.utm.edu/h-c-ethi/#H1>

Course content:

- 1) History of Bioethics
- 2) Human rights
- 3) Principles of Bioethics
- 4) Beneficence and non malaficence
- 5) Autonomy and informed consent
- 6) Justice and equality
- 7) Bioethics and cultural diversity
- 8) Bioethics in end of life care
- 9) Bioethics in organ donation
- 10) Bioethics in medical resource allocation
- 11) Bioethics in Euthanasia
- 12) Bioethics in public health
- 13) Bioethics in health care management
- 14) Professionalism and clinical ethics
- 15) Bioethics in Doctor-patient relationship
- 16) Ethics in human and general research
- 17) Ethics Committee
- 18) Ethics in Pharmaceutical field
- 19) Ethical Dilemmas Interactive
- 20) Ethical Dilemmas

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Value Added Course in

**Public
Health**



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VALUE ADDED COURSE: PUBLIC HEALTH

Pre-amble :-

Socio-economic- political system present in a country influences the pattern of health & medical care system. Health care system have broad scope relating to comprehensive which includes curative, preventive & rehabilitative health care. So services of professionals other than medical (allopathic) are required for effective delivery of Public Health Services.

The health care system in India is 'public assistance' type, in which health centers & services are financed by government. Also the system is supported by private practitioners including health science graduates of other pathies like Ayurveda, Homeopathy etc. It is required to be a 'team' of including professionals like Nursing, Dental, Physiotherapy & pharmacy. To strengthen health care system all these must be aware of existing system & their role in public health . Being a member state of WHO's 'Health for all' we have adopted 'Primary Health care' approach, we need to have team of professionals to achieve this. So this course is designed for health sciences graduates/students in Dental, Nursing, physiotherapy & Biotechnology.

Objectives:-

1. To know existing health care delivery system
2. To understand the role of health sciences graduates in Public Health .
3. To promote to work as a team in health system.
4. Integration of health sciences graduates with existing public health officials.

Course duration: 16hrs

Eligibility :- Undergraduate medical students

SLO :-

At the end of a course student should be able to

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1. Know exiting Public Health delivery system.
2. Role to play in Public Health.
3. Work as team member in Public Health.

Curriculum:-	Lecture
1. Concept of Public Healthcare & H.F. A.	01
2. Health care delivery system in India.	01
3. Communicable Diseases	04
4. N.C.D.	03
5. Epidemiology	03
6. Role in Epidemic control, National Health Programmes	02
7. Visit to Public Health Centre (PHC/RH)	02

Assessment : MCQ/Viva

TEXT BOOKS AND OTHER REFERENCES

1. Maxy Roseman John M. Last. Maxcy - Roseman Public Health and Preventive Medicine Appleton-Century-Crofit, Newyork
2. Hobson W., The Theory and Practice of Public Health, Oxford Med. Publication
3. Barker D.J.P. Practical Epidemiology, Churchill Livingstone.
4. Park J. E. & K. Park. Text book of P. & S.M. M/S Banarsidasm Bhanot.
5. Mahajan B.K. and M. C. Gupta, Text book of P & S. M. Jaypee Publication.
6. Sir Austin Bradford Hill, Principles of Medical Statistics, the Lancet Ltd. No.7Adam Street, Adelphine, London, 1967.

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7. John J. Hanlon, Public Health Administration and Practice, MOSBY.
8. Mac. Mohan & Pugh Epidemiology Principles and Methods, Little Brown & Co. Boston. U.S.A.

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Value Added Course in
**Scientific
Writing for
Health
Professionals**



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Scientific Writing For Health Professionals

1. Name of the course: Scientific Writing for Health Professionals

2. Aim: This course aims at imparting the knowledge of scientific writing skills for health professionals and life science students.

Objectives:

- To introduce participants to different types of scientific articles and provide an outline of how to write an original research article describing their original scientific research.
- To enable health professionals to write scientific research articles that can be published and to equip them with skills to cite and manage references/ bibliography while writing using a reference management tool

3. Courses contents:

Topics:

1. Application writing for Grants
2. Introduction to information system and sources of intelligence
3. Format of writing a concept paper and mini protocol
4. Critical issues and common errors in grant applications

4. Duration of the course: 16 hrs

5. Eligibility criteria: UG students

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8. Method of Assessment: Assignments and MCQ

9. Feedback

10. List of reference books:

1. Successful scientific writing: A step-by-step guide for the biological and medical sciences-by Janice R. Matthews and Robert Matthews
2. How to write and publish a scientific paper –by Robert A. Day.
3. The Craft of Scientific Writing-by Michael Alley

11. Criteria for completion: If the participants attend 16 hours and complete assignments/MCQ

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Value Added Course in
**Leadership
Skills for
Healthcare
personals**



Leadership Skills For Healthcare Personals

1. **Name of the course:** Leadership Skills for Healthcare personals

2. **Aim:**

Leadership is the process of leading individuals as a group to achieve a common objective. The aim of the leadership training is to make leaders competent to function effectively and manage and influence the employees. It assists in organizing and synthesizing complex ideas into a pastry of words and images.

Objectives:

- To bring out the best in employees by communicating effectively about what needs to be done and why it matters.
- To bring out the best in employees through careful instruction as well as management practices aimed at motivating workers to do their best.
- To improve the critical skill- visioning process and eventually aiding in analyzing the past, understanding the present and exploring options to craft a clear future vision.

3. **Course contents:**

Topics:

1. SWOT Analysis
2. Leadership Qualities and Challenges
3. Types of Leaders
4. Motivation
5. Ethics and responsibilities
6. Communication
7. Management

8. Team Building

- **Duration of the course:** 16hrs

4. **Eligibility Criteria:** UG medical students

5. **Method of assessment:** MCQ/Viva

List reference books:

1. The Leader in You-by Dale Carnegie
2. How to Develop Self-Confidence & Influence People by Public Speaking - by Dale Carnegie
3. The Power of your Subconscious Mind-by Joseph Murphy



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Value Added Course in
**Medico legal
Issues**



VALUE ADDED COURSE: MEDICO-LEGAL ISSUES

Duration: 16 hrs

1. Ancient India & Current trends in India
2. Communication Skill
 - Empathy
 - Attitude
3. Informing bad news
 - Informing expenses
 - Informing prognosis
 - Informing death or grievous injury/loss etc.
4. Ethics & values in Health Care System
5. Technology – Use/ abuse & its rate in Medico-legal issues.
6. Importance of Consent, legal & ethical aspects of medical practice
7. Legal protection to health care establishment & doctors.
 - Awareness
 - Proper use
8. Steps to be followed to prevent litigation in consumer cases & medical Negligence.

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Value Added Course in

Positive Health Behaviour



Positive Health Behaviour

1. **Name of the course:** Positive Health Behaviour
2. **Aim:** Aim of this course is to train the participants on Positive Health Behaviour

Objectives:

1. To bring about the positive Health Behaviors among the participants.
2. To introduce students to the basic social processes of society, social institutions and patterns of social behavior.
3. To train students to understand and to interpret objective role of social processes, social institutions and social interactions in their lives.

3. Course contents:

Topics:

1. Health Belief Model(HBM)/Risk Perception
2. Theory of Reasoned Action/ Theory of Planned Behavior
3. Social Cognitive Theory(SCT)/ Self-Efficacy(SE)
4. Trans Theoretical Model(TTM)
5. Motivation and Self-Efficacy; Stress, Coping, and Social Support
6. Self-Determination Theory (SDT)
7. Motivational Interviewing
8. Behavior Modification
9. Goal Setting, Attributions, Self-Regulation
10. Building Conceptual Frameworks
11. Elaboration Likelihood Model/

12. Cognitive Load Theory

13. Theory-Informed Interventions

4. Duration of the course: 8 weeks

5. Timing of the course: 16 hrs.

6. Eligibility Criteria: UG medical students

7. Method of assessment: MCQ/Viva

8. List reference books:

1. Health Behavior: Theory, Research, and Practice - by Karen Glanz, Barbara K. Rimer, K. Viswanath
2. Theoretical Foundations of Health Education and Health Promotion-by Manoj Sharma
3. Introduction to Community and Public Health - by Manoj Sharma, Paul W. Branscum, Ashutosh Atri
4. Haralambos & Holborn Sociology: Themes and Perspectives
5. Handbook of Indian Sociology(Handbooks Series)-by Veena Das



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CERTIFICATE OF COMPLETION

This is to certify that

**SHEWALE ANIKET
EKNATH**

Has successfully completed Certificate course in

GENDER EQUALITY/ LEARNING ENGLISH/

PROFESSIONAL COMMUNICATION SKILLS held

in 2022-23.

Coordinator,
Prakash Institute of
Medical Sciences

Dean,
Prakash Institute of
Medical Sciences



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CERTIFICATE OF COMPLETION

This is to certify that

SHINDE AJAY UTTAMRAO

Has successfully completed Certificate course in
**GENDER EQUALITY/ LEARNING ENGLISH/
PROFESSIONAL COMMUNICATION SKILLS** held
in 2022-23.

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CERTIFICATE OF COMPLETION

This is to certify that

**NIKAM SHUBHAM
TUSHAR**

Has successfully completed Certificate course in

BASICS IN COMPUTER SKILLS/BIOETHICS IN

HEALTHCARE /SCIENTIFIC WRITING FOR

HEALTHCARE PROFESSIONALS /PUBLIC

HEALTH held in 2022-23.

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Medical Sciences



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CERTIFICATE OF COMPLETION

This is to certify that

**ZENDEKAR
DNYANESHWARI UMESH**

Has successfully completed Certificate course in

BASICS IN COMPUTER SKILLS/BIOETHICS IN

HEALTHCARE /SCIENTIFIC WRITING FOR

HEALTHCARE PROFESSIONALS /PUBLIC

HEALTH held in 2022-23.

Coordinator,
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Medical Sciences



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CERTIFICATE OF COMPLETION

This is to certify that

**SANGALE BHAKTI
VALMIK**

Has successfully completed Certificate course in
**HUMAN RIGHTS & VALUES / PERSONALITY
TRAITS & DEVELOPMENT** held in 2022-23.

Coordinator,

Prakash Institute of
Medical Sciences

Dean,

Prakash Institute of
Medical Sciences



**Prakash Institute of
Medical Sciences
& RESEARCH**

CERTIFICATE OF COMPLETION

This is to certify that

SANAP KRUSHNA BABAN

Has successfully completed Certificate course in
**HUMAN RIGHTS & VALUES / PERSONALITY
TRAITS & DEVELOPMENT** held in 2022-23.

Coordinator,

Prakash Institute of
Medical Sciences

Dean,

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Phone – (02342) 662301 To 662309 Fax- 662300. E-mail psm.pims@gmail.com

25/09/2023

NOTICE FOR VALUE ADDED COURSES

All Phase 1 (1st year) students are hereby informed that, **VALUE ADDED COURSES – GENDER SENSITISATION, SPOKEN ENGLISH & HEALTH COMMUNICATION SKILLS FOR 2023-24 YEAR**, are arranged by Prakash Institute of Medical Sciences & Research, Islampur. Details of these **VALUE ADDED COURSES** are hereby attached.

All Phase 1 (1st year) students are encouraged to enroll for all **VALUE ADDED COURSES**.



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26/02/2024

NOTICE FOR VALUE ADDED COURSES

All Phase 2 (2nd year) students are hereby informed that, **VALUE ADDED COURSES – HUMAN VALUES & PERSONALITY DEVELOPMENT FOR 2023-24 YEAR**, are arranged by Prakash Institute of Medical Sciences & Research, Islampur. Details of these **VALUE ADDED COURSES** are hereby attached.

All Phase 2 (2nd year) students are encouraged to enroll for all **VALUE ADDED COURSES**.



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26/02/2024

NOTICE FOR VALUE ADDED COURSES

All Phase 3 part 1 (3rd year) students are hereby informed that, **VALUE ADDED COURSES**

– BIO ETHICS, COMPUTER SKILLS, PUBLIC HEALTH SERVICES

IMPLICATIONS, SCIENTIFIC WRITING SKILLS FOR 2023-24 YEAR, are arranged

by Prakash Institute of Medical Sciences & Research, Islampur. Details of these **VALUE**

ADDED COURSES are hereby attached.

All Phase 3 part 1 (3rd year) students are encouraged to enroll for all **VALUE ADDED**

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26/02/2024

NOTICE FOR VALUE ADDED COURSES

All Phase 3 part 2 (Final year) students are hereby informed that, **VALUE ADDED COURSES – HEALTH BEHAVIOUR, LEADERSHIP SKILLS, MEDICO LEGAL ASPECTS IN HEALTH CARE FOR 2023-24 YEAR**, are arranged by Prakash Institute of Medical Sciences & Research, Islampur. Details of these **VALUE ADDED COURSES** are hereby attached.

All Phase 3 part 2 (Final year) students are encouraged to enroll for all **VALUE ADDED COURSES**.



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Value Added Course in

**Gender
Sensitisation**



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VALUE ADDED COURSE: COURSE ON GENDER SENSITIZATION

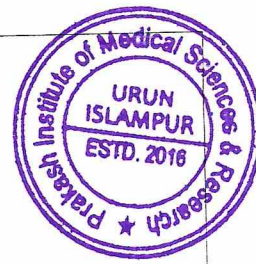
Duration : 16 hrs

1. Introduction
2. Gender Vs. Sex
3. Social construction of Gender
4. Gender roles
5. Gender stereotypes
6. Division of Labour
7. Women empowerment
8. Sexual harassment
9. Domestic violence
10. Self defense for women
11. Laws related to women
12. Involvement of women in decision making
13. Challenges in gender equality
14. Women education
15. Women employability
16. Gender equity activities

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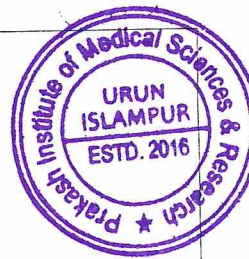
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Value Added Course in-

**Health
Communication
Skills**



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Health Communication Skills

1. Name of the course: Health communication

2. Aim: This course aims to introduce the basic principles of communication and provide an understanding of effects of communication in promoting various health goals

Objectives:

- Explain the role of health education in healthcare.
- Articulate and clearly understand health communication models and strategies
- Establish effective communication with people in diverse health fields.

3. Course contents:

Topics

1. Introduction to communication: Definition, principles of communication, communication skills
2. Communication process
3. Types of communication and barriers in communication
4. Application of communication in health education.
5. Models of communication process.
6. Media of communication.
7. Behavior change communication.
8. IEC Strategy

4. Duration of the course- 16 hrs

5. Eligibility Criteria : UG students

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6. Method of assessment –multiple choice questions

7. List reference books

1. Health behavior and health education: theory, research, and practice by Karen Glanz, Barbara K. Rimer, and K. Viswanath.
2. Theoretical Foundations of Health Education and Health Promotion by Manoj Sharma and John A. Romas.
3. Textbook of Preventive and Social Medicine by Mahajan & Gupta
4. Textbook of Community Medicine by Dr Sunder Lal, Dr Adarsh and Dr Pankaj
5. Promoting Health: A Practical Guide To Health Education by Ewles L and Simmet I
6. K. Park, Park's Textbook of preventive and social medicine

COURSE OUTLINE

LEARNING OUTCOMES	CONTENT	TEACHING/ LEARNING ACTIVITIES	ASSESSMENT METHODS
Identify the significance	Communication What is communication? What are communication roles of listeners, speakers, readers and writers as healthcare professionals?	<ul style="list-style-type: none">• Definitions with examples, illustrations and explanations• Identifying competencies/ communicative strategies in LSRW• Reading• excerpts on the above and interpreting them• through tasks	<ul style="list-style-type: none">• Checking

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Describe Concepts and	Introduction to LSRGW <ul style="list-style-type: none">• L- Listening: Different types of listening• S-Speaking: Understanding Consonants, Vowels, Word and Sentence Stress, Intonation• R- Reading: Medical vocabulary,• Gr-Grammar: Understanding tenses, linkers• W- writing simple sentences and short paragraphs - emphasis on correct grammar	<ul style="list-style-type: none">• Exercises on listening to news, announcements, telephone conversations and instructions from others• Information on fundamentals of Speech-C, V, Stress and Intonation with tasks based on these through audio/ video and texts• Reading - a medical dictionary/ glossary of medical terms with matching exercises• Information on tenses and basic concepts of correct grammar through fill in the blanks, true/false questions	<ul style="list-style-type: none">• Through
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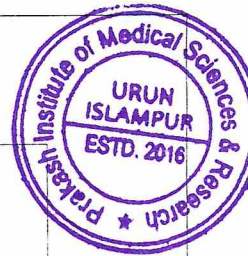


<p>Demonstrate attentive listening in different hypothetical situations</p>	<p>Attentive Listening</p> <ul style="list-style-type: none"> Focusing on listening in Different situations- announcements, descriptions, narratives, instructions, discussions, demonstrations Reproducing Verbatim Listening to academic talks/lectures Listening to presentation 	<ul style="list-style-type: none"> Listening to announcements, news, documentaries with tasks based on listening With multi choice, Yes/No and fill in the blank activities 	<p>Checking individually against correct answers</p> <ul style="list-style-type: none"> Listening Listening Listening to attitudes and opinions Listening to audio, video and identify key points
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<p>Converse effectively, appropriately and timely within the given context and the individual or team they are communicating with either face to face or other means</p>	<p>Speaking-Effective Conversation</p> <ul style="list-style-type: none"> • Conversation situations- informal, formal and neutral • Factors influencing way of speaking- setting, topic, social relationship, attitude and language • Greetings, Introductions, requesting, asking for and giving permission, speaking personally and casual conversations • Asking for Information, Giving instructions and directions 	<ul style="list-style-type: none"> • Different types of speaking activities <p>Related to the content</p> <ul style="list-style-type: none"> • Guided with prompts <p>And free discussions</p> <ul style="list-style-type: none"> • Presentation techniques • Talking to peers and other adults. • Talking to patients and Patient attendees • Talking to other healthcare professionals • Class room conversation scenario <p>Based learning tasks</p>	<p>Individual and group/ peer assessment through live speaking tests</p> <ul style="list-style-type: none"> • Presentation of Situation in emergency and routine • Handoff • Reporting • Case presentation • Face to face oral communication • Speaking nurse/patient/doctor) • Telephonic talking
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	<ul style="list-style-type: none">• Agreeing and disagreeing, giving opinions• Describing people, places, events and things, narrating, reporting & reaching conclusions• Evaluating and comparing• Complaints and suggestions• Telephone conversations• Delivering presentations		
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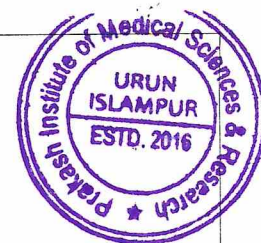
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Value Added Course in

Spoken English



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DESCRIPTION:

The course is designed to enable students to enhance ability to speak and write the language (and use English) required for effective communication in their professional work. Students will practice their skills in verbal and written English during clinical and classroom experience.

Eligibility: UG medical students

Duration: 16 hours

Intake capacity: 30

Course Objectives

1. To improve the speaking ability of the students.
2. To enable the students to make use of Basic English sentence patterns and improve their understanding of the parts of speech.
3. To improve the student's clarity of pronunciation.
4. To enhance the conversational skills of the students.
5. To enhance the proficiency of students in spoken English so that they can bravely face the challenges of the highly competitive globalized world.
6. To enable the students to meet the requirements of jobs and careers in international market.

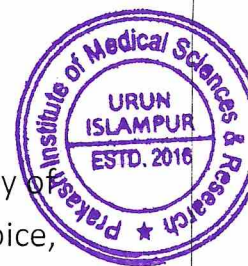
Course Outcomes:

1. The fear of students about spoken English will be reduced through "learning by doing" technique.
2. The students will be able to make use of English sentence patterns and their understanding of the parts of speech will be enhanced.
3. The students will be able to speak correct and fluent English .
4. The students will be able to meet the requirements of jobs and careers in international market.

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Course Content

Section I: Building -up the Basic Concepts (5 hrs):



This refers to the range, accurate and appropriate use of the test takers' grammatical resources. The key indicators of grammatical range are the accuracy of the spoken sentences, the appropriate use of parts of speech, tenses, modals voice, narration and subject-verb agreement. The examiner can also ask questions based on picture composition.

1. Basic Sentence Patterns
2. Usage and Practice of Parts of Speech : Noun , Verb ,Adjective and Adverb
3. Usage and Practice of Grammar : Tenses, Modals, Voice and Narration
4. Subject –Verb Agreement
5. Picture Composition

Section II: Conversational Skills (5 hrs):

This refers to the ability to talk with normal levels of continuity, rate and effort. The examiner can ask the students to introduce themselves, and can ask questions based on situations, and the students can also be asked for role play.

1. Basics of Conversation (self introduction, seeking the introduction of others, greetings, expressing likes and dislikes, etc).
2. Situational Conversation (At a shopping mall, Hospital, Bank, Railway station, etc)
3. Role play(enactment of characters from any story, drama ,etc)

Section III: GDPI (Group Discussion and Personal Interview) (6 hrs):

This criterion refers to the ability to produce comprehensible sentences with correct pronunciation. The students can be asked to participate in group discussion. The examiner can also give a topic and ask the students to deliver an extempore speech.

1. Basics of Correct Pronunciation
2. Group Discussion
3. Extempore Speech on a given topic

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Value Added Course in
**Human
Values**



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VALUE ADDED COURSE : HUMAN VALUES

➤ Preamble:

Human rights are the basic rights and freedoms that belong to every person in the world from birth until death. The basic rights are based on shared values like dignity, fairness, equality, respect and independence. The values are the guiding principles, goals and tool of our nation

Objectives:

- To give the knowledge and understanding of Human values.
- To create awareness, conviction and commitment to values to improve the quality of life.

➤ **Duration :** 16 Hours

➤ **Intake :** 30

➤ **Eligibility :** UG students

➤ **Course Medium:** English

➤ Syllabus/ Course Content :

Name Of The Topic (Theory / Practical Demonstration)	Teaching hours
Theory	16 Hours
Human rights - Introduction, concept, nature and scope of Human rights. Fundamentals rights and Fundamental duties, Interrelation between rights and duties.	3 Hours
Human rights in India Basic / fundamental human rights 1) Right to equality 2) Right to freedom. 3) Right to freedom of religion. 4) Right against exploitation. 5) Cultural and educational rights. 6) Right to constitutional remedies.	3 Hours
Declaration of human rights and national human rights commission of India and International human rights commission and their roles.	3 Hour
Rights of women and children, the minorities of human right, Human rights of economically disadvantaged society.	4 Hour

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Human Values

Meaning, Definition, Importance of values, Types of values, Five core human values – Right conduct, Peace, Truth, Love and Non-violence and conservation of values.

3 Hour

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Value Added Course in
**Personality
Development**



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VALUE ADDED COURSE: PERSONALITY DEVELOPMENT

PREAMBLE:

A new learning of Personality - Health research through the Five T's, which are potential 'next steps' for personality-health research: Targeting, Tailoring, Training, Treatment and Transformation.

OBJECTIVES:

1. To determine the role of personality in health care use;
2. To acknowledge the outcomes related to personality traits development and health outcomes

DURATION: 16 Hours

INTAKE: 30

ELIGIBILITY: UG Students

MEDIUM OF INSTRUCTION: English

SYLLABUS / COURSE CONTENT:

NAME OF THE TOPIC	TEACHING HOURS
Qualities of health care and community care professionals	2 Hours
Understanding personality and its importance	2 Hours
Character traits helpful for healthcare	2 Hours
Attention to detail	2 Hours
Positive attitude & Servant leadership	1 Hour
A sense of humor & community	1 Hour
Communication skills, Empathetic and emotional stability	1 Hour
Energy: healthy and physically strong	1 Hour
Flexible personality traits assessment skills	1 Hour
Personality traits and career satisfaction of health care	1 Hour

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professionals: Peer group assessments	
Potential applications of research linking personality traits and health outcomes	1 Hour
Assessment: MCQ/Viva	1 Hour

REFERENCE BOOKS:

1. Personality Traits: Gerald Mathews, Ian.J.Deary, Martha C.Whiteman.
2. Communication and Personality Trait Perspectives: James C.McCroskey, John A.Daly, Mathew M.Martin, Michael J.Beatty.
3. Handbook of Personality: Third Edition Theory and Research: Oliver P.John, Richard W.Robins, Lawrence A.Pervin.
4. Theories of Personality: A classic in personality theory: Hall and Lindzey



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Value Added Course in

Bioethics



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VALUE ADDED COURSE: BIOETHICS

1. Name of the course: **BIOETHICS**

2. **Aim:** This course aims at developing skills for making appropriate decisions based on morale, values and facts for highest patient care.

Objectives:

- The program is designed to focus on the acquisition of knowledge and skills applicable to deal with patients. Upon completion of the programme, the student will be:
 - Aware of ethical issues, principles of ethics in patient care,
 - Gain knowledge and skills of communication and empathy.

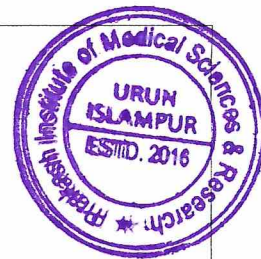
3. **Course contents:**

Topics:

- Introduction to Bioethics in patient care
- Essential competencies
 - Interpersonal communication
 - Cognitive skills
 - Work related skills
 - Professionalism
- Principals of Health care ethics
- Code of conduct
- Beginning and end of life:
 - Right to life
 - Assisted reproductive technologies
 - Care of terminally ill
 - Euthanasia
- Ethics consultation

4. **Duration of the course:** 16 hrs

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5. **Eligibility Criteria:** UG students

6. **Method of assessment:**

- MCQ/ Viva

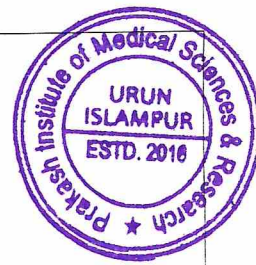
7. **List reference books:**

1. C.M.Francis,Medicalethics,JaypeeBrothers,MedicalPublishers.1stEdition1993
2. What Is Medical Ethics, and Why Is It Important?<https://www.medscape.com/courses/section/898060>
3. Internet Encyclopedia of Philosophy<https://www.iep.utm.edu/h-c-ethi/#H1>

Course content:

- 1) History of Bioethics
- 2) Human rights
- 3) Principles of Bioethics
- 4) Beneficence and non malaficence
- 5) Autonomy and informed consent
- 6) Justice and equality
- 7) Bioethics and cultural diversity
- 8) Bioethics in end of life care
- 9) Bioethics in organ donation
- 10) Bioethics in medical resource allocation
- 11) Bioethics in Euthanasia
- 12) Bioethics in public health
- 13) Bioethics in health care management
- 14) Professionalism and clinical ethics
- 15) Bioethics in Doctor-patient relationship
- 16) Ethics in human and general research
- 17) Ethics Committee
- 18) Ethics in Pharmaceutical field
- 19) Ethical Dilemmas Interactive
- 20) Ethical Dilemmas

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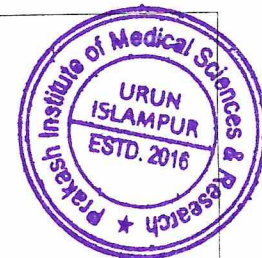
Value Added Course in

Computer Skills



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VALUE ADDED COURSE: COMPUTER BASIC SKILLS



OBJECTIVE:

The course is designed to aim at imparting a basic level programme for the common feature and digital literacy. Benefit of the course the incumbent is able to use the computer for basic purposes of preparing his personnel letters, viewing information on Internet (the web), sending mails, using internet services etc. This allows to be also a part of computer users list by making them digitally literate. This helps to maintain information using the computers and enjoy in the world of Information Technology.

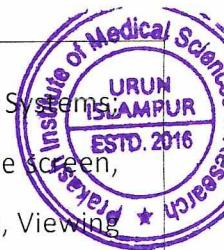
Schedule Of Total Hours For Each Topic

S.No.	Topic Content	Total Hours
1.	Introduction to Computer	1
2.	Windows Operating System GUI	2
3.	Using Microsoft Word Processing	3
4.	Using Microsoft Excel , Spread Sheet	3
5.	Using Microsoft PowerPoint Presentation	2
6.	Introduction to Internet, WWW and web browsers	2
7.	Introduction to E-Mail Communications	1
8.	Information Security and Virus Protection	1
9	Assessment	1
Total Hours		16

Course Outline:

What is Computer, Basic Applications of Computer; Components of Computer System, Central Processing Unit (CPU), VDU, Keyboard and Mouse, Other input/output Devices, Computer Memory, Concepts of Hardware and Software; Concept of Computing, Data and Information; Applications of ICT; Connecting keyboard, mouse, monitor and printer to CPU and checking power supply.

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Windows Operating System GUI: What is an Operating System; Basics of Popular Operating Systems; The User Interface, Using Mouse; Using right Button of the Mouse and Moving Icons on the screen, Use of Common Icons, Status Bar, Using Menu and Menu- selection, Running an Application, Viewing of File, Folders and Directories, Creating and Renaming of files and folders, Opening and closing of different Windows; Using help; Creating Short cuts, Basics of O.S Setup; Common utilities.

Using Microsoft Word Processing: Word Processing Basics; Opening and Closing of documents; Text creation and Manipulation; Formatting of text; Table handling; Spell check, language setting and thesaurus; Printing of word document.

Using Microsoft Excel , Spread Sheet: Basics of Spreadsheet; Manipulation of cells; Formulas and Functions; Editing of Spread Sheet, printing of Spread Sheet.

Using Microsoft PowerPoint Presentation: Basics of presentation software; Creating Presentation; Preparation and Presentation of Slides; Slide Show; Taking printouts of presentation / handouts.

Introduction to Internet, WWW and Web Browsers: Basic of Computer networks; LAN, WAN; Concept of Internet; Applications of Internet; connecting to internet; What is ISP; Knowing the Internet; Basics of internet connectivity related troubleshooting, World Wide Web; Web Browsing softwares, Search Engines; Understanding URL; Domain name; IP Address; Using e-governance website

Introduction to E-Mail Communications: Basics of electronic mail; Getting an email account; Sending and receiving emails; Accessing sent emails; Using Emails; Document collaboration; Instant Messaging; Netiquett

Information Security and Virus Protection: Information security is a set of practices intended to keep data secure from unauthorized access or alterations Passwords are an important aspect of computer security Protection of data from viruses, spyware, and other security threats. Keeping data protection to keep your sensitive information safe and secure Antivirus and Backup of data in external Storage and Cd/DVD, Pendrive , Harddisk etc

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Value Added Course in
**Public
Health
Services
Implication**



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VALUE ADDED COURSE: PUBLIC HEALTH SERVICES IMPLICATIONS

Pre-amble :-

Socio-economic- political system present in a country influences the pattern of health & medical care system. Health care system have broad scope relating to comprehensive which includes curative, preventive & rehabilitative health care. So services of professionals other than medical (allopathic) are required for effective delivery of Public Health Services.

The health care system in India is 'public assistance' type, in which health centers & services are financed by government. Also the system is supported by private practitioners including health science graduates of other pathies like Ayurveda, Homeopathy etc. It is required to be a 'team' of including professionals like Nursing, Dental, Physiotherapy & pharmacy. To strengthen health care system all these must be aware of existing system & their role in public health . Being a member state of WHO's 'Health for all' we have adopted 'Primary Health care' approach, we need to have team of professionals to achieve this. So this course is designed for health sciences graduates/students in Dental, Nursing, physiotherapy & Biotechnology.

Objectives:-

1. To know existing health care delivery system
2. To understand the role of health sciences graduates in Public Health .
3. To promote to work as a team in health system.
4. Integration of health sciences graduates with existing public health officials.

Course duration: 16hrs

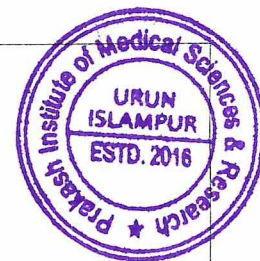
Eligibility :- Undergraduate medical students

SLO :-

At the end of a course student should be able to

1. Know exiting Public Health delivery system.
2. Role to play in Public Health.
3. Work as team member in Public Health.

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Curriculum:-	Lecture
1. Concept of Public Healthcare & H.F. A.	01
2. Health care delivery system in India.	01
3. Communicable Diseases	04
4. N.C.D.	03
5. Epidemiology	03
6. Role in Epidemic control, National Health Programmes	02
7. Visit to Public Health Centre (PHC/RH)	02

Assessment : MCQ/Viva

TEXT BOOKS AND OTHER REFERENCES

1. Maxcy Roseman John M. Last. Maxcy - Roseman Public Health and Preventive Medicine Appleton-Century-Crofit, Newyork
2. Hobson W., The Theory and Practice of Public Health, Oxford Med. Publication
3. Barker D.J.P. Practical Epidemiology, Churchill Livingstone.
4. Park J. E. & K. Park. Text book of P. & S.M. M/S Banarsidasm Bhanot.
5. Mahajan B.K. and M. C. Gupta, Text book of P & S. M. Jaypee Publication.
6. Sir Austin Bradford Hill, Principles of Medical Statistics, the Lancet Ltd. No.7Adam Street, Adelphine, London, 1967.
7. John J. Hanlon, Public Health Administration and Practice, MOSBY.
8. Mac. Mohan & Pugh Epidemiology Principles and Methods, Little Brown & Co. Boston. U.S.A.

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Value Added Course in

Scientific Writing



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Scientific Writing Skills

1. Name of the course: Scientific Writing Skills

2. Aim: This course aims at imparting the knowledge of scientific writing skills for health professionals and life science students.

Objectives:

- To introduce participants to different types of scientific articles and provide an outline of how to write an original research article describing their original scientific research.
- To enable health professionals to write scientific research articles that can be published and to equip them with skills to cite and manage references/ bibliography while writing using a reference management tool

3. Courses contents:

Topics:

1. Application writing for Grants
2. Introduction to information system and sources of intelligence
3. Format of writing a concept paper and mini protocol
4. Critical issues and common errors in grant applications

4. Duration of the course: 16 hrs

5. Eligibility criteria: UG students

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8. Method of Assessment: Assignments and MCQ

9. Feedback

10. List of reference books:

1. Successful scientific writing: A step-by-step guide for the biological and medical sciences-by Janice R. Matthews and Robert Matthews
2. How to write and publish a scientific paper –by Robert A. Day.
3. The Craft of Scientific Writing-by Michael Alley

11. Criteria for completion: If the participants attend 16 hours and complete assignments/MCQ

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Value Added Course in

Health Behaviour



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Health Behaviour

1. **Name of the course:** Health Behaviour
2. **Aim:** Aim of this course is to train the participants on Health Behaviour

Objectives:

1. To bring about the positive Health Behaviors among the participants.
2. To introduce students to the basic social processes of society, social institutions and patterns of social behavior.
3. To train students to understand and to interpret objective role of social processes, social institutions and social interactions in their lives.

3. Course contents:

Topics:

1. Health Belief Model(HBM)/Risk Perception
2. Theory of Reasoned Action/ Theory of Planned Behavior
3. Social Cognitive Theory(SCT)/ Self-Efficacy(SE)
4. Trans Theoretical Model(TTM)
5. Motivation and Self-Efficacy: Stress, Coping, and Social Support
6. Self-Determination Theory (SDT)
7. Motivational Interviewing
8. Behavior Modification
9. Goal Setting, Attributions, Self-Regulation
10. Building Conceptual Frameworks
11. Elaboration Likelihood Model/

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12. Cognitive Load Theory

13. Theory-Informed Interventions

4. **Timing of the course:** 16 hrs.

5. **Eligibility Criteria:** UG medical students

6. **Method of assessment:** MCQ/Viva

7. **List reference books:**

1. Health Behavior: Theory, Research, and Practice - by Karen Glanz, Barbara K. Rimer, K. Viswanath
2. Theoretical Foundations of Health Education and Health Promotion-by Manoj Sharma
3. Introduction to Community and Public Health - by Manoj Sharma, Paul W. Branscum, Ashutosh Atri
4. Haralambos & Holborn Sociology: Themes and Perspectives
5. Handbook of Indian Sociology(Handbooks Series)-by Veena Das

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Value Added Course in
**Leadership
Skills**



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Leadership Skills

1. **Name of the course:** Leadership Skills

2. **Aim:**

Leadership is the process of leading individuals as a group to achieve a common objective. The aim of the leadership training is to make leaders competent to function effectively and manage and influence the employees. It assists in organizing and synthesizing complex ideas into a pastry of words and images.

Objectives:

- To bring out the best in employees by communicating effectively about what needs to be done and why it matters.
- To bring out the best in employees through careful instruction as well as management practices aimed at motivating workers to do their best.
- To improve the critical skill- visioning process and eventually aiding in analyzing the past, understanding the present and exploring options to craft a clear future vision.

3. **Course contents:**

Topics:

1. SWOT Analysis
2. Leadership Qualities and Challenges
3. Types of Leaders
4. Motivation
5. Ethics and responsibilities
6. Communication
7. Management

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8. Team Building

- Duration of the course: 16hrs

4. Eligibility Criteria: UG medical students

5. Method of assessment: MCQ/Viva

List reference books:

1. The Leader in You-by Dale Carnegie
2. How to Develop Self-Confidence & Influence People by Public Speaking - by Dale Carnegie
3. The Power of your Subconscious Mind-by Joseph Murphy

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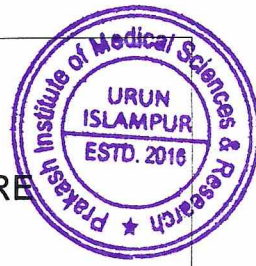


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Value Added Course in
**Medico legal
Aspects in
Health care**



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VALUE ADDED COURSE: MEDICO-LEGAL ASPECTS IN HEALTH CARE

Duration: 16 hrs

1. Ancient India & Current trends in India
2. Communication Skill
 - Empathy
 - Attitude
3. Informing bad news
 - Informing expenses
 - Informing prognosis
 - Informing death or grievous injury/loss etc.
4. Ethics & values in Health Care System
5. Technology – Use/ abuse & its rate in Medico-legal issues.
6. Importance of Consent, legal & ethical aspects of medical practice
7. Legal protection to health care establishment & doctors.
 - Awareness
 - Proper use
8. Steps to be followed to prevent litigation in consumer cases & medical Negligence.

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